

SOUTH WINDSOR SWIM AND TENNIS CLUB CLUB RULES AND REGULATIONS

Revised March, 2013

The Rules Committee, at the direction of the Board of Directors and under the authority of Article VII, Section 7, of the South Windsor Swim and Tennis Club by-laws, has defined the following rules for the primary purpose of providing maximum safety, enjoyment, and utilization of the club facilities by the members.

It is impossible to prepare a set of rules that anticipates every situation; therefore, it is expected that every member will exercise common sense, honesty and consideration for others in the use of the facilities. Members will be responsible for informing their families and guests of the rules. Parents are responsible for the behavior of their children and are requested to specifically caution their children to observe all rules and to obey all instructions of the Head Lifeguards and the South Windsor Swim and Tennis Club staff. Repeated or egregious disregard for rules may result in short term or long term consequences.

These rules will be reviewed from time to time and may be subject to change when deemed necessary. Recommendations and suggestions regarding these rules are welcomed. Such changes approved by the Rules Committee will be posted on the pool bulletin board. Written questions or comments should be addressed to the Board of Directors.

I. GENERAL RULES

1. There is no smoking permitted on club property.
2. The Head Lifeguard on duty is responsible for overseeing all activities conducted at the club and for supervising all pool staff. He/she reports to the Vice President (Personnel Director). He/she or a designated assistant may forbid the use of all or part of the club facilities to any person who jeopardizes the health, safety, or comfort of the members. The Head Lifeguards are responsible for coordinating and scheduling all staff activities.
3. The Life Guards are employed by the Club to provide a safe environment for our children and us. They have authority to enforce appropriate safety rules. Please do not engage the guards in conversation while they are supervising the

pool from the lifeguard chair. If you need to talk to a specific guard, please do so when he/she is not in the lifeguard chair or at a time mutually agreed upon..

4. All persons using the facilities do so at their own risk. Parents are responsible for supervising their children at all times. Repeated or egregious disregard for rules may result in short term or long term consequences.
5. The Club is not responsible for loss of or damage to personal property.
6. The cost to repair or replace damaged property caused by the neglect of members and/or their guests will be charged to the responsible member.
7. The clubhouse phone is on site for the convenience of the members. Please be considerate of others, keep calls to 3 minutes or less, and make local calls only.
8. Children under the age of 13 must be accompanied by an adult (parent, guardian, or babysitter). That adult or designate must remain on pool grounds at all times.
9. The Head Lifeguards will contact parents of children left unattended to pick up their children from the club or to arrange for proper child care.

II. GROUNDS RULES

1. Members must sign in, register their guests, and pay the \$5 per guest fee each day.
2. No pets are allowed on Club property.
3. Motor vehicle use is restricted to the entrance road and designated parking areas only. Members are requested not to use the lower grass area next to the fence and to not park between the two light posts in front of the clubhouse. These locations must remain unobstructed at all times. In the event of an emergency, these locations will be used as access for emergency vehicles.
4. Driveway speed shall not exceed 10 mph. Always be alert for children.
5. Members and their guests are personally responsible for leaving all areas of the facility clean.
6. Glass containers are not allowed in the paved area (concrete) surrounding the Pools.

III. POOL RULES

1. General

- a. Running is prohibited on the concrete area around the pools.
- b. The use of equipment such as facemasks, fins, snorkels, PFDs (personal flotation devices), rafts, and other such devices is prohibited unless otherwise stated. Coast Guard approved PFDs are permitted.
- c. All bathers must take showers before entering the pool.
- d. Children unable to swim will not be permitted in the main pool, unless accompanied by a parent or guardian.
- e. Only proper bathing attire is allowed in the pool.
- f. Admission to the pool will be refused to anyone with open sores or infections.
- g. Adult swim is for those 16 years or older. Adult swim is 15 minutes in duration, with one guard on duty, and is held once an hour at 45 minutes past the hour. Head guards can make exceptions to both these rules.
- h. Diving in the shallow end of the pool is prohibited during open swim.
 - i. All unclaimed items will be kept on property in Lost and Found. Unclaimed items will be donated to charities after reasonable notice is given to members.
 - j. Children who need to wear a diaper MUST wear proper swim diapers as well as rubber pants in the pools. Head Lifeguards may ask a parent to remove a child without proper swimwear from the pool(s) in order to minimize contamination occurrences.
- k. Only “nerf” or soft style balls are allowed in Pool, at the discretion of the guard on duty.
- l. Parents, guardians, or babysitters are responsible for clean-up of the area.

2. Diving Boards

- a. Persons using diving boards during open swim must jump or dive in a forward direction.
- b. Only one person is allowed on the diving board at any given time.

- c. Divers must wait until the preceding diver has reached a ladder before going off the diving board.
- d. Divers are limited to one bounce on the diving board.

3. Wading Pool

- a. Use of the Wading Pool is limited to children 6 and under.
- b. There will be no lifeguard on duty in wading pool. Parents/babysitters are specifically responsible for the safety and conduct of their children in the wading pool area.
- c. Children must not be left unattended in the wading pool or surrounding areas.
- d. Parents, guardians, or babysitters are responsible for clean-up of the area.
- e. Children's toys left unclaimed in the wading pool area will be held in Lost and Found. If unclaimed, they will be donated to charity in accordance with subsection III. 1. i.
- f. Children who need to wear a diaper MUST wear proper swim diapers as well as rubber pants in the wading pool. Head Lifeguards may ask that a parent remove a child without proper swimwear from the pool(s) in order to minimize contamination occurrences.

4. Pool Hours

- a. The pool will officially open on Saturday of Memorial Day weekend. Hours will be set according to preseason or season times.
- b. Preseason Hours will be in effect from Memorial Day weekend through South Windsor Public School's closing. During this time there will be general swimming on weekdays from 3 p.m. to 8 p.m. and on weekends from 12 noon to 8 p.m. WEATHER PERMITTING. Any lengthening of hours will be posted on the bulletin board.
- c. Season Hours – will be in effect from South Windsor school closing in June until the Monday of Labor Day. General swimming will take place from 1:00 p.m. until 9:00 p.m. until August 1, and from 1:00pm until 8:00 p.m. until Labor Day. WEATHER PERMITTING.

5. Pool Closure

A. Due to Contamination

When the pool becomes contaminated, it must be closed, for up to 24 hours. In the event of contamination, only Headguards have the authority to re-open the pool.

B. Due to Inclement Weather

In the event of thunder or other dangerous weather, no one may enter the pool until the Headguard deems it safe, or 30 minutes after thunder was last heard.

IV. POOL GUEST RULES

Members may invite guests to use the club facilities subject to the following rules:

1. Each member family may invite a maximum of 30 guests per year.
2. One person may be brought in as a guest only twice per month regardless of the number of members issuing invitations.
3. All guests and their member sponsors must sign the guest book provided at the pool. The member is responsible for payment of any applicable guest fees.
4. The member sponsor shall notify the Head Guard or a member of his/her staff when a guest is being registered.
5. It is the responsibility of the members to insure that their guests or babysitter adhere to all Club rules.
6. Babysitters, Grandparents or Guardians shall not be charged a guest fee and shall not be counted for the purposes of Item 1. Babysitters, Grandparents or guardians are not permitted to invite guests.
7. Pool Guest Rates are \$5.00 per day per person for guests one year old and older.
8. Each non-member is responsible for signing a liability waiver form upon arrival.

9. Notwithstanding the provisions contained herein, the Chairman of the Rules Committee and/or the President shall have the right to make exceptions to the rules when they deem such exceptions to be in the best interest of the Club and its members.

V. RULES/POLICIES FOR PARTIES HELD AT THE CLUB

The Club/Pool is available for members to host private parties. The large pavilion and the small pavilion (or portions thereof) may be reserved for guest use. These parties are subject to the rules/policies below:

1. Pavilion rental reservations must be made through the chair of the social committee on a first come first serve basis. Hosting members must submit a "Private Party Reservation Form" to the chair of the social committee. By doing so, the hosting member states that he/she has read and understands the Rules set forth herein and agrees to abide by them.
2. After hours parties are subject to the availability of guards.
3. Only members of the Club, in good standing, may reserve a pavilion.
4. The Head Lifeguards are authorized to cancel a reservation or a party in progress if there is not complete compliance with the rules/policies in this document.
5. The pool/club will be available for use during regular pool hours. Additionally, the pool/club may be available before and after regular hours, for an additional fee, contingent upon guard availability.. After hours parties must end according to the following schedule:

Sunday through Thursday by 11:00 PM

Friday and Saturday by 12:00 midnight

- a. There is no swimming allowed after dark or any time the bottom of the pool is not clearly visible to the Head Lifeguard.
- b. Each non-member is subject to a \$5 guest fee.
- c. Each non-member is responsible for signing a liability waiver form upon arrival.

- d. There is a 2 guard minimum for parties of 40 or less, regardless of whether the attendees use the pool.
6. Non-member guest fees should be paid directly to the Head Lifeguard prior to scheduled start of the party.
7. There may be no more than 40 people in attendance at any given party. The Board of Directors must approve parties larger than 40 people.
8. The guards must be SWSTC employees, and arrangements for their hiring must be made through the Head Lifeguards.
9. The guards may not be offered or consume alcoholic beverages while on duty.
10. For parties held during regular pool hours that exceed 40 attendees, at least one additional guard must be on duty. Hosting member(s) must cover the cost for all additional guards.
11. The premises must be cleaned and vacated by midnight or by an earlier scheduled end time.
12. Hosting members are responsible for the thorough cleanup of the building and grounds by the scheduled closing time but by no later than midnight.
13. Hosting members must be the last guests to vacate the property, but the guards shall be responsible for locking up the premises.
14. Prior to leaving the Club, hosting members are responsible for ensuring that the premises are clean and in substantially the same condition as they were prior to the party.
15. Hosting members are responsible for ensuring that the noise level is kept within acceptable standards for the neighboring residents.

VI. WORK HOURS REQUIREMENTS

Each Family class of membership must provide eight (8) hours of work to one or more of the committees of the Club. Any family membership not providing such work will be assessed a Work Fee of \$250. Individual members are required to provide a minimum of four (4) hours of work to one or more of the committees of

the Club. Any individual member not providing such work will be assessed a Work Fee of \$125. Hours worked is equivalent to hours earned. It is the responsibility of the member to report hours worked, in writing/email, to the appropriate committee chair. Failure of the member to report hours worked may result in a failure to receive credit for the hours. Senior members are exempt from the Work Hours Requirement.

VII. TENNIS RULES

See SOUTH WINDSOR SWIM AND TENNIS CLUB TENNIS RULES (dated June 19, 2002)